



United Food & Commercial Workers Local 1000
 Kroger Dallas Health & Welfare Plan "Med-1000"
 ADMINISTERED BY:
 National Employee Benefits Administrators, Inc.
 2010 N.W. 150th Avenue, Suite 100
 Pembroke Pines, FL 33028
 1-800-567-5899



ENROLLMENT INFORMATION VALUE PLAN – EMPLOYEE ONLY

EMPLOYEE INFORMATION

First Name		Middle Initial		Last Name	
Gender	<input type="checkbox"/> Male <input type="checkbox"/> Female	Birthdate	/ /	SSN	
Address					
City, State Zip				Marital Status	
Preferred Contact Method:	<input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> U.S. Mail			Phone/Email:	
Employer/Store #				Date of Hire	

COVERAGE OPTION ELECTED

	Coverage Tier	Weekly Contribution Rate
<input type="checkbox"/>	Employee Only	\$6.00
<input type="checkbox"/>	Waive Coverage	N/A

I ELECT CO-PAYMENTS FOR THE BENEFITS AND AUTHORIZE WEEKLY PAYROLL DEDUCTIONS IN THE AMOUNT OUTLINED ABOVE BASED UPON THE COVERAGE TIER ELECTED.

IF I DO NOT ELECT A CO-PAYMENT FOR COVERAGE OR DO NOT RETURN THIS APPLICATION TIMELY, I UNDERSTAND I WILL BE WAIVING ALL BENEFITS OFFERED BY THE MED-1000 PLAN INCLUDING LIFE INSURANCE, ACCIDENTAL DEATH AND DISMEMBERMENT, LOSS OF TIME, VISION, DENTAL AND MEDICAL, AS WELL AS THE COMPANY SPONSORED PRESCRIPTION DRUG BENEFIT. I UNDERSTAND THAT I MAY NOT CHANGE THIS ELECTION UNTIL NEXT OPEN ENROLLMENT TO BE EFFECTIVE JANUARY 1st OF THE NEXT CALENDAR YEAR UNLESS I HAVE A QUALIFYING EVENT.

EMPLOYEE SIGNATURE:		DATE:	
---------------------	--	-------	--

OPTIONAL COVERAGE
(Not Available if No Co-Pay is Selected)

**LIFE INSURANCE AND ACCIDENTAL DEATH AND DISMEMBERMENT
 PAYROLL DEDUCTION IS \$2.00 FOR OPTIONAL INSURANCE**

**THE BASIC LIFE INSURANCE AND ADDITIONAL LIFE INSURANCE AMOUNTS REDUCE AFTER AGE 65.
 (See the Benefits Program brochure section of the Summary Plan Description for details about the reductions.)**

I AM APPLYING FOR OPTIONAL COVERAGE

I AM NOT APPLYING FOR OPTIONAL COVERAGE

BENEFICIARY DESIGNATION

**(This will supersede any previous designation(s) of beneficiary.)
 Please note that beneficiary percentage designations must total 100%.
 You may also use this section to change your beneficiary.**

CHANGE OF BENEFICIARY ONLY

PRIMARY BENEFICIARY #1					
First Name		Middle Initial		Last Name	
Address					
City, State, Zip				Benefit %	
Relationship:		Birthdate	/ /	SSN	

PRIMARY BENEFICIARY #2					
First Name		Middle Initial		Last Name	
Address					
City, State, Zip				Benefit %	
Relationship:		Birthdate	/ /	SSN	

PRIMARY BENEFICIARY #3					
First Name		Middle Initial		Last Name	
Address					
City, State, Zip				Benefit %	
Relationship:		Birthdate	/ /	SSN	

CONTINGENT BENEFICIARY #1 (If Primary Beneficiary is Deceased)					
First Name		Middle Initial		Last Name	
Address					
City, State, Zip				Benefit %	
Relationship:		Birthdate	/ /	SSN	

CONTINGENT BENEFICIARY #2 (If Primary Beneficiary is Deceased)					
First Name		Middle Initial		Last Name	
Address					
City, State, Zip				Benefit %	
Relationship:		Birthdate	/ /	SSN	

CONTINGENT BENEFICIARY #3 (If Primary Beneficiary is Deceased)					
First Name		Middle Initial		Last Name	
Address					
City, State, Zip				Benefit %	
Relationship:		Birthdate	/ /	SSN	

PLEASE READ THE FOLLOWING CAREFULLY

- 1) I request the coverage specified above under the United Food & Commercial Workers MED 1000 Health & Welfare Plan and authorize my employer to deduct from my earnings any required contributions.
- 2) I understand that this election form cannot be changed during the plan year, unless the revocation and new election are on account of and consistent with a change in family status (i.e. marriage, divorce, death of a spouse or a child, birth or adoption of a child.)
- 3) I understand that this election form shall replace and supersede any previous requests for coverage and/or designation of beneficiary.

EMPLOYEE SIGNATURE:

DATE:

To obtain more information, contact NEBA, Inc. at (800) 567-5899.